

SAFVIC ON THE SCENE

Responding to Sexual Assault on Campus for Campus Security and Police Beyond the Basics: Skills with a First-Person Perspective

By: Katie Koestner, Executive Director of Campus Outreach Services

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8th Annual SAFVIC Instructor Summit

The SAFVIC staff would like to thank all the instructors who attended this year's Instructor Summit in Lost Pines!

We hope everyone had to meet each other, exchange stories and techniques, and take an active role in the growth of SAFVIC.

The SAFVIC Team sincerely thanks the following featured speakers for another successful summit.

Susan Pamerleau

Major General
United States Air Force (retired)

Russell Strand

Chief, U.S. Army Military Police
School
Family Advocacy Law Enforcement
Training Division

Robert Quirk, Detective

Dallas Police Department

Messina Madson

Dallas County District Attorney's
Office

We appreciate your dedication and hard work!

When I walked into the Campus Police Station, I was told to wait in the lobby for the officer who would be out shortly to take down my story. The station walls were made out of the same material as the walls of the room where I had been raped by a fellow student less than a week ago. My stomach was already sick.

The female officer was first. I followed her into a very small room. At least I got to sit by the door. Her questions were manageable. Then, she said that another officer would need to come in to ask more questions, difficult questions.

The male officer came in wearing his uniform. He looked like the police officers in movies, like the plastic toy police officers with movable arms and legs that the neighborhood boys had when I was growing up. He looked confident. I felt not-confident. I was wearing a pair of blue pants and a red and white striped sweater. I looked like a girl on a sailboat in New England and felt like I might get seasick.

He had a blank pad of paper and a pen. The pad of paper looked brand new, fresh out of a storage

closet. Maybe he had never had to ask anyone what they were wearing on the night of the "incident" before now. Maybe he had never had to interview someone who said she was raped by a guy who was really good looking, really rich, really smart, and really talented. Maybe he had never had to ask if the sex hurt. At least, I hoped not.

It is twenty years later now. I remember it all. It was never to be forgotten: not the moment I met my rapist at orientation, the moment I told my RA, the moment I told the Dean, the moment I told the Police, nor the five hours of photographs in the Time Warner Building in New York City for the



June 3, 1991 cover of TIME Magazine when the week's issue featured, "Date Rape." I am writing this article to help you, the reader, be able to better help someone like me, a victim of "Known Offender Rape," or any crime of sexual violence.

Thank You for Helping Us

First, thank you for doing what

you do. Thank you for helping victims of sexual violence achieve some sense of justice after being violated so personally. By serving our campuses and communities in law enforcement, you represent our hope that our victimization will not be in vain, and that our perpetrator might not harm seventeen (on average) more women, or men, after us.

Please know that just listening to our stories is helpful. So is not interrupting; waiting to clarify until the end; asking questions with a gentle voice; letting us sit by the exit route; not sitting behind your desk opposite us; letting us have a break when we need it; sitting with an open posture and not crossing your arms or legs; asking us where we'd feel comfortable doing the interview; letting us bring a support person in to sit with us; making sure that we know to whom we can turn for support and counseling; following up to see if any else has come to mind since the first interview. All of these things you can do to help.

Everything that you do teaches us about how the public might respond when we tell others our

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Statewide Conference on Violence Against Women



SAFVIC and TRIPLE are proud to announce the new Statewide Conference on Violence Against Women to be held in February 2011 in Austin, Texas. This conference will focus on training rural law enforcement and telecommunicator professionals. The conference will create a unique agenda that will cover the basic dynamics of violent crimes against women, as well as in-depth training on human trafficking, strangulation, stalking, and more. Registration, training, and lodging will be free to all selected participants.

Registration begins September 7, 2010, space is limited.

For more information or to register please go to: <http://www.safvic.org>



RAPE, ABUSE & INCEST NATIONAL NETWORK
RAINN Day
September 23, 2010

RAINN Day is RAINN's annual campaign to raise awareness and fight against sexual violence on college campuses. Each year, RAINN Day reaches over 1,000,000 students in all 50 states, DC, Puerto Rico, and Canada with information on how to reduce the risk of sexual violence and what to do if they or a friend have been assaulted.

For more information about RAINN Day and to sign-up, please visit www.rainn.org or contact Sara Amin at 202-544-0227.



Domestic Violence Awareness Project

Supporting Public and Prevention Education Efforts

October is Domestic Violence Awareness Month

For more information go to www.nrcdv.org/dvam/

SAFVIC INSTRUCTOR OF THE YEAR



Our recipient of the 2010 SAFVIC Instructor of the Year Award is Assistant Chief Gary Teeler. Gary has been a SAFVIC Instructor for five years and has taught the SAFVIC to almost 500 officers. He holds a Bachelors Degree from Texas State and is currently working on his Masters at Sam Houston State. He is a graduate of the Leadership Command College and holds a Masters Peace Officer and Instructor Certificates. Gary currently serves as the Division Inspector for the Texas Parks and Wildlife Department.

In recognition of your loyal service, dedication, and commitment to the SAFVIC Program, we would like to congratulate Gary Teeler on receiving the 2010 SAFVIC Instructor of the Year Award.

Featured Agency

CAMPUS OUTREACH SERVICES

In 1991, Katie Koestner crossed her arms in a black and white photograph on the cover of TIME Magazine to look the nation in the eye on the problem of date rape. She has since taken the podium at over 1500 institutions along with over thirty other dynamic educators on our team to address hundreds of thousands of students and communities around the globe.

We tackle current issues facing young people with passion, knowledge and personal experience. Our audiences include top military leaders at the Pentagon, the inmates at a maximum security prison in Connecticut, the players on a NFL Football Team, the superintendents of schools in Washington State, the incoming class at Brown University and an audience of 2000 high schools in the middle of Chicago.

Case Study Example: Kent State University
 After hosting Katie Koestner as their keynote speaker for the Take Back the Night in April, Kent State University administrators decided to work with Campus Outreach Services on fortifying their prevention and response to sexual assault and sexual misconduct. Highlights and project outcomes are summarized below:

Enthusiastic Committee Formation
 Strategic partnerships were built from the outset as we assembled a committee representing various offices and perspectives on Kent State's traditions, culture and everyday operations. Committee members were selected to represent those with longstand-

ing experience at KSU as well as newer members of the community who could provide perspectives from their previous institutions. All facets of the campus community were included from faculty and police to commuter students and public relations.

Initial Assessment

The multi-pronged COS Sexual Misconduct Comprehensive Risk Assessment Tool was used to determine overall need and benchmark against other similar institutions. University staff, faculty and current students all complete the questionnaire to provide a cross section of perspectives on topics ranging from perceived safety to prevention education. The data collected was used to sharpen focus around greatest areas of need as well as locate gaps in services and system processes.

Policy: Providing Notice

We updated the university's policies to include the latest technology-related sexual misconduct issues as well as the nuances of coercion, clarification of jurisdiction, and delimitation of reporting and judicial procedures augmented the scope and precision of official university statements. Policies were made uniform and accessible across a variety of media and locations.

Resources and Logistics

A thorough analysis of what had been working and what wasn't working and needed updating was completed. Financial, physical locations, staffing, local and national options and other constraints were examined and included in the analysis and ultimate update of services.

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People: Implementation and Execution

A sexual assault response coordinator position was created to orchestrate the prevention of and response to sexual misconduct. Additionally, an online Virtual Sexual Assault Response Training and Education Center was created by COS using our web platform for Kent State to make training and information through a “hub spoke” wheel approach to assure that all members of the school community were properly prepared to respond to any incident.

Response and Discipline

A mock trial and over a dozen case studies based on real life scenarios were utilized to build core competencies and confidence in those who would be enforcing procedures, policies and meeting out disciplinary sanctions for violations.

Prevention and Education

Finally, research-supported strategies to increase risk reduction, knowledge, bystander involvement, and overall prevention of sexual misconduct were implemented with an eye on continuation of programs into the coming years. First year students, Greeks, athletes, residence life staff, student leaders, faculty, coaches, and other members of the school community were all involved in education programming and planning.

Outcome

To conclude the process at the end of the implementation year, students and staff will complete COS Sexual Misconduct Comprehensive Risk Assessment Tool once again. In addition to those who have already completed the tool, other members of the school community and first year students will also complete the questionnaire providing a fresh perspective on the overall impact and effect of our efforts.

KSU case study is just one example of the ways in which COS works with academic institutions on risk issues. As an educational partner to over 1,500 schools, colleges and organization, we provide programs, curricula, risk management assistance and informative webinars. With our growing e-Learning and Training Center, DragonFly learning, we have added subscription options for our clients as well as customized online training centers for various risk issues as a supplement to in-person training and programs. We are pleased that our versatile webinars and online training centers have made our programs affordable to all academic institutions.

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stories. Many of us use your body language, questions and attitude to gauge our responsibility for our own victimization. We sense how much we “should have known” based on your assessment of our situation. We often feel guilty, embarrassed, and weak.

When you make good eye contact with us, are a good listener and use open-ended questions, we are more willing to share our stories. When you show genuine caring in your responses and expressions, and don't lecture or scold us for our actions, we are empowered in our healing. When you ensure that your radio is off and that you aren't distracted we believe that you are there to help.

Self Blame and Trauma

Know that we may not trust you enough to tell you everything, especially the ultra embarrassing parts. Or, the parts where we were breaking the law by drinking underage, smoking marijuana, or doing something wrong. You may need to reassure us about what will happen to us when we admit these

transgressions. Don't wait too long to tell us. Don't wait too long to let us know that you want to help, and that you are glad that we came in to make this report. Don't wait to tell us that although you can't take sides, you will help us find others who can provide additional support and help us work through the emotions that we are likely experiencing.

Trauma reactions of survivors vary. Sometimes we cry, sometimes we don't. Sometimes we report right away, and for others it takes years. Post Traumatic Stress Disorder is different for everyone, but common reactions for survivors include:

- Shock and disbelief
- Anger
- Fear
- Self-blame
- Devaluation of self
- Need for control
- Trouble sleeping and nightmares
- Eating disorders
- Flashbacks and memory problems

Beyond Your Control

There are also circumstances be-

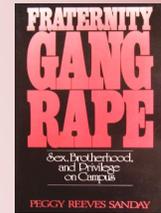
yond your control that affect reporting. In my travels, victims have shared with me stories they have never told anyone else, just because they know that I have been in their shoes. I am perceived as “safe” because I will be leaving their campus in a few hours. I don't know their name or anyone they know.

These victims tell me they didn't report their incidents because they are afraid of how their parents might respond, because their religious beliefs emphasize remaining a virgin until marriage, or because their friends are also friends with their perpetrator. Some say they don't tell anyone because they don't want to be perceived as weak, or as a man-hater. Some don't report because they were raped by someone of the same gender.

Some victims don't even understand that what happened to them was wrong, because they don't know the definition of rape or sexual assault. They didn't know

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FROM THE SAFVIC LIBRARY



Fraternity Gang Rape: Sex, Brotherhood, and Privilege on Campus

Peggy Reeves Sanday, Professor of Anthropology, explores the societal background that permits and encourages male violence against women. In this study, she extensively examines cases of gang rape at fraternities across the country. Sanday portrays fraternities as preservers of male dominance and women being merely their instruments.

Sanday updates incidences of fraternity gang rape on college campuses today, highlighting such recent cases as that of Duke University and others in headlines. She also explores the nature of hazing at sororities on campus and how Greek Life in general contributes to a culture which promotes the exploitation and sexual degradation of women on campus.

Available in the SAFVIC library to SAFVIC instructors only.



America's
Night Out
Against
Crime!!

We invite you and your community to be a part of **October 5th, 2010 Night Out Team.**

Register for the 2010 National Night Out at www.nationaltownwatch.org.

Become an Instructor

FREE 40 - HOUR SAFVIC INSTRUCTOR TRAINING

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TRIPLE Training Facility:
Austin, Texas

We are currently seeking new instructors for our 24-hour SAFVIC for Law Enforcement course.

Please visit www.safvic.org for criteria, deadlines, and to complete an application.



Piecing together the tools needed to effectively investigate and prevent sexual assault, family violence, & stalking.

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Take a Stand with Take Back The Night!

Take Back the Night is more than a movement to end sexual violence; it is a collage of voices rising out of the shadows of pain and fear to stand firmly together in hope, strength and solidarity. A source of great empowerment to survivors, locally organized events happen in hundreds of schools and communities all across the world each year to reveal a unified front against violence. From a robust march, rally and survivor speak-out to a quiet candlelit vigil, these events have paved the way from victim to survivor for many!

Local Take Back the Night events have occurred in communities around the world since the 1970's, affording the movement the momentum it required to be what it is today. Early events focused on unsafe streets, cities and campuses; and then as a protest to pornography and the degradation of women and sexuality. Today, events highlight the problem of violence against women as well as the broader issues of sexual violence: sexual assault, rape, dating violence, sexual abuse, domestic violence, stalking, sexual harassment, child abuse, Internet harassment and other unhealthy relationships. Men are also lending their voices and standing as survivors at most events. All events strive to bring awareness to the problem of sexual violence and support those who have been victimized.

The Take Back The Night Foundation was initiated to support local events by creating awareness on a national level. The Foundation provides event hosting support through myriad resources on their website where local event hosts will find a comprehensive *Event Guidebook* to hosting an event, legal references, an e-calendar of local events occurring across the nation and the Shatter the Silence blog, designed as a safe place for survivors of sexual violence to break their silence. Event hosts are encouraged to engage a diverse audience and to feature expert presenters from local law enforcement and counseling service providers to nationally-acclaimed public speakers. Regardless of size or location, communities across the globe are encouraged to shatter the silence and stop the violence!

Communities are invited to join the Foundation as they promote 10 Points of Light to Take Back the Night!, a national initiative to encircle the country with the glow of vigil candles in support of survivors of sexual violence on the evening of April 28, 2011. 2011 marks the second year for this groundbreaking endeavor designed to inspire hope and empowerment through unity.

The Foundation hopes to ignite excitement around its new fundraising initiative "Put Up the Light to Take Back the Night Starry Sky Campaign." Through this program, visitors to the website will have the unique opportunity to name a star or a constellation in memory or honor of a loved one affected by violence. All proceeds from this campaign will enable the Foundation to continue on in its mission "to end sexual violence in all of its forms including sexual assault, sexual abuse, dating violence, and domestic violence."

Jen Hill
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that the lack of consent would constitute rape. They thought they had to fight him off for it to be "real rape." Others didn't know that even if they had sex with the person consensually in the past that it can still be rape when they say no on a future occasion. Some blame themselves for drinking too much or flirting too much.

Make a Difference

This year focus on treating all cases as "strong" cases. Maintain neutrality and build trust at the same time. Treat everyone who makes a report with dignity and respect, no matter what your personal opinion is about the victim or the circumstances of the alleged assault. A small percentage of cases are statistically "false reports." Don't promise what you can't deliver.

Try using these statements during your next interview with a victim to show your sensitivity and build trust. You may surprise yourself with how much more information you learn by using more compassion to offset the "clinical" nature of the investigation.

- I'm sorry you even have to be here for this interview...
- I'm here for you...
- How can I help you right now?
- You have every right to feel _____...
- I'm uncomfortable asking this question, but did he (she) _____...
- I realize these are difficult questions, but I am only asking questions that need to be answered to do a complete report so that I can help you to the best of my ability...

If you can make these small adjustments and efforts, word will

get out about you and your fellow officers. Students and members of your school community will perceive the campus police and campus security officers to be helpful and accessible. Victims will respond positively and you will be able to help more people. Ultimately, when more victims report, the word gets out that the issue is taken seriously, and potential perpetrators realize that they may not be able to get away with their behavior. There is a domino effect. The process is memorable. You can make it a turning point in our healing.

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